



دورة ألعاب غرب آسيا
البارالمبية الخامسة - مسقط 2026
5th West Asian Para Games - Muscat 2026

5th West Asian Para Games 2026 - Athletics

February 3rd – 5th

RESULTS Day 3

shot put wheelchair men final F34

05.02.2026

1.	34 Hindi, Ahmad	1995	Jordan	11,67
	10,93 11,30 9,52 11,32 11,67 10,02			
2.	34 Abdulrahman, Abdulrahman Abd	1988	Qatar	10,34
	10,14 10,34 x 10,08 10,15 10,34			
3.	34 Alloghani, Mayed	2001	United Arab Emirates	9,32
	9,32 8,96 8,94 8,49 8,91 8,66			
4.	34 Al-Sinani, Sultan	1997	Oman	7,01
	7,01 6,79 5,85 7,01 6,90 6,88			
5.	34 Abdullah Alshaidi, Abdullah Khalfan	1989	Oman	6,70
	6,70 6,55 6,43 x 6,20 6,60			
6.	34 Alkindi, Abdulaziez	2002	United Arab Emirates	6,59
	6,53 6,59 5,79 5,91 6,04 6,10			

shot put men final F38/42/44/46

05.02.2026

1.	44 Jasim, Salam Sahib	1989	Iraq	13,48	755 P
	12,85 x x 13,44 13,48 12,69				
2.	42 Bassam Sawsan, Bassam	1977	Syria	10,34	382 P
	9,95 10,04 10,34 x 10,20 9,15				
3.	46 Mahmood Ahmed, Sayed Huasin	2007	Bahrain	9,97	224 P
	x 9,94 9,75 9,18 9,97 9,87				

shot put wheelchair men final F55/56

05.02.2026

1.	55 Alshamsi, Sultan	1993	United Arab Emirates	8,68	570 P
	7,95 8,68 8,68 8,40 1,43 8,56				
2.	56 Al Balushi, Talib	1975	Oman	7,55	398 P
	6,96 7,47 x 7,28 7,13 7,55				
3.	55 Alrezk, Wasim	1980	Syria	7,26	327 P
	7,04 7,09 6,36 7,26 7,20 6,90				
4.	55 Abbas, Mohamed Jasim	1991	Bahrain	6,98	281 P
	6,68 6,56 6,98 x 6,67 6,60				
5.	55 Ahmed, Abdulla Khamis M.	2010	Bahrain	5,94	135 P
	5,56 5,94 5,36 x 5,57 5,85				
6.	56 Al Habsi, Yamen	2010	Oman	4,20	18 P
	3,52 3,93 x 4,05 4,20 x				
7.	55 Khalfan Alkindi, Abdulmalik Abd.	2009	Oman	2,90	
	2,43 2,90 2,79 2,65 2,65 2,80				
	56 ZEYOUDI, RASHED AHMED	1982	United Arab Emirates	DNS	



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shot put wheelchair men final F57

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1.	57 Salamh, Haidr	2003	Saudi Arabia	13,84
	12,83 13,72 13,84 13,75 12,80 12,79			
2.	57 Jlas Al Jlas, Yusuf Nader	1998	Bahrain	11,36
	10,50 11,13 10,69 11,23 11,36 10,69			
3.	57 AL-Yahyaai, Khalifa Mubarak	1981	Oman	7,76
	7,76 6,40 6,53 7,58 7,43 7,27			

discus wheelchair men final F32/51

05.02.2026

1.	51 Alharthi, Radhi	1992	Saudi Arabia	9,68	731 P
	8,22 9,01 9,49 9,68 9,61 9,48				
2.	51 Al Rashdi, Amor Saif Abdulah	1993	Oman	6,69	306 P
	5,97 6,19 6,29 6,27 5,92 6,69				
3.	32 Al Qasmi, Mohammed	1998	Oman	6,77	36 P
	6,46 x 6,45 6,77 3,86 6,23				
	51 Jasim Buqais, Mishal Mohamed	2010	Bahrain	DNS	

discus wheelchair men final F33

05.02.2026

1.	33 Alnakhli, Hani	1986	Saudi Arabia	29,10
	27,44 25,23 26,65 28,52 29,10 x			
2.	33 Alhousani, Ahmed	1987	United Arab Emirates	24,41
	24,41 23,63 20,01 x 22,60 -			
3.	33 Alnaqbi, Ahmed	1985	United Arab Emirates	18,82
	17,88 x 18,01 18,43 18,82 18,51			
4.	33 Aldhanhani, Mubarak	1975	United Arab Emirates	13,82
	x 13,82 13,29 13,24 13,36 12,83			

discus wheelchair men final F53/54

05.02.2026

1.	54 Al Masbahi, Abdulla	1985	United Arab Emirates	21,93	648 P
	21,36 20,74 21,38 20,73 21,88 21,93				
2.	54 Said Almaqbali, Maktoum Hamdan	1999	Oman	18,64	452 P
	17,00 x 17,92 18,47 18,40 18,64				
3.	54 Al Hubaishi, Fawzi	1978	Oman	15,65	272 P
	15,31 13,98 15,65 14,38 14,47 15,45				
4.	54 Al Wahaibi, Amjad Said Hamed	2000	Oman	15,00	236 P
	13,25 14,20 13,03 13,73 15,00 15,00				
5.	53 Al-Saadi, Motasim	1992	Oman	12,65	232 P
	12,22 12,23 12,49 11,72 12,65 12,59				



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javelin men final F40/41							05.02.2026	
1.	40 Naas, Ahmed			1992	Iraq		37,50	974 P
	34,30	37,00	37,50	36,14	36,07	37,19		
2.	41 Abdulraheem, Kovan			1988	Iraq		34,10	667 P
	32,80	32,26	34,10	33,18	32,90	32,84		
3.	40 Tnaiash, Garrah			1991	Iraq		21,54	321 P
	x	x	21,54	8,53	-	-		
4.	40 Buqais, Ali Abdolehlah J.			1988	Bahrain		12,70	30 P
	10,16	12,06	12,68	12,70	x	11,48		



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shot put wheelchair women final F32/33/34

05.02.2026

1.	34 Al Thwai, Hadeel	1994	Saudi Arabia	6,39	636 P
	6,22 5,82 6,01	6,26	6,11	6,39	
2.	32 Alktebi, Noura	1992	United Arab Emirates	5,48	607 P
	5,00 4,58 5,07	5,20	5,48	5,31	
3.	33 Masoud, Sara	1986	Qatar	4,88	485 P
	4,72 4,87 4,82	4,68	4,88	4,81	
4.	34 ., Iman Taiseer	1991	Oman	5,26	374 P
	5,06 5,26 5,15	5,13	5,03	5,12	
5.	34 Abdullah Alshaidi, Maryam Khalfan	2005	Oman	4,80	270 P
	4,10 4,62 4,57	4,52	4,25	4,80	
6.	34 Aljabboori, Zahra	1999	Bahrain	4,19	152 P
	4,02 4,16 4,05	4,19	4,03	4,13	

shot put wheelchair women final F53/54/55/57

05.02.2026

1.	55 Alomari, Rooba	1991	Bahrain	7,34	902 P
	7,07 6,90 x	5,33	7,34	6,84	
2.	56 Alhumaydani, Nadha	1977	Saudi Arabia	5,83	548 P
	5,44 5,64 5,72	5,83	5,67	5,72	
3.	54 Ali, Amal	1991	Bahrain	5,11	437 P
	5,02 4,89 4,90	5,00	4,62	5,11	
4.	55 Al Hatmi, Sharifa Abdullah	1998	Oman	5,09	423 P
	4,94 4,55 5,09	4,62	4,41	4,29	
5.	55 Salim Albalushi, Aisha Ali	1998	Oman	4,12	194 P
	3,46 3,95 3,86	4,12	4,07	4,00	
6.	54 Al Hasni, Rawan	1998	Oman	4,09	193 P
	3,97 3,91 4,09	3,62	3,88	3,71	
7.	57 Alrasheedy, Siham	1982	United Arab Emirates	5,34	151 P
	5,07 5,03 5,26	5,24	5,34	5,18	
8.	54 Al Hammadi, Shaikha	1978	Oman	2,84	27 P
	2,53 2,74 2,84	2,82	2,74	2,65	

javelin women final F40/46

05.02.2026

1.	46 Matroushi, Mariam	1986	United Arab Emirates	23,56	354 P
	19,30 20,27 23,56	23,14	23,13	-	
2.	46 Alhamidi, Maryam	2004	Bahrain	20,00	220 P
	18,35 x 18,95	20,00	18,19	19,67	
3.	40 Alzeyoudi, Maryam	1995	United Arab Emirates	10,60	198 P
	x x 10,60	6,52	-	-	
4.	40 Al Anburi, Sara	1992	Oman	7,82	67 P
	x 6,48 6,89	x	0,74	7,82	